



## Alzheimer's Family Support Center of Cape Cod

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### THE REMEMBERY WALK-Dave Birtwell Memorial

A diagnosis of dementia is devastating. For many families, it leads to costly services often not covered by insurance. Watching your family member lose his or her identity and a lifetime of memories is bad enough; adding high out-of-pocket costs brings additional emotional pain and fear of the future.

**The Remembery Walk** raises funds to help **Individuals, Families and Caregivers with Alzheimer's and related dementia** with those added costs and is dedicated to assisting them on their journey with Alzheimer's and other dementias.

Harwich Council on Aging Director, Barbara-Anne Foley cited several examples of services provided by this Walk: Support Groups, Ongoing Phone Support, Individual and Family Meetings and Supportive Counseling, Personalized Care Planning and Consultation, Community Education and Information, Memory Screenings, Entry to a Network of Partners and Care Providers, Outreach, Dementia Training, Cultural Events and Activities.

The Remembery Walk-Dave Birtwell Memorial will be held on **Saturday, May 7, 2016** in Harwich Center, (Rain location: Harwich Middle School Gym 204 Sisson Road. Harwich, MA.

The Congressional Task Force on Alzheimer's disease reports that every 68 seconds, someone in the U.S. is diagnosed. As the Cape senior population increases, so will the rate of Alzheimer's and related dementias. The Remembery Walk fund exists to help. Please join us.

#### **How can you help?**

- \* Donate goods or services --- either drinks or snacks for walkers.
- \* Make a monetary donation, knowing it will be directed to families in need.
- \* Form a TEAM to walk in the event. Remember a TEAM consists of 2 or more walkers 😊 Spread the word -- the more the merrier.

#### **Who is organizing the walk?**

The walk began in 2006 to honor David Birtwell, who died of Alzheimer's disease, by his grandson Patrick Foley and his family. They continue to be the driving force behind the walk along with a group of dedicated volunteers. The Remembery Walk is a fund of Alzheimer's Family Support Center of Cape Cod, a 501(c)3 organization (45-5545397). For more information, go to: [www.rememberwalk.org](http://www.rememberwalk.org)